


THE Cambridge Gardens *Lifestyle*



CAMBRIDGE
GARDENS
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY
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Activities Director

MARCH 2024



Chicken Patties for St. Patrick's Day

Join us for Breakfast on March 15 at 8 AM, as Mike from Chick-fil-A will bring our Residents, Workers, and Loved Ones Some Breakfast Chicken Patties to Kick Start our Celebration of St. Patrick's Day. Cambridge Gardens will gladly be Indulging in some yummy and delicious Chick-fil-A Breakfast Chicken Patties which are paired up perfectly with their own Chick-fil-A dipping sauce. Come on in and Hear us Greet You with an Old-Fashioned Top of the Morning to You as we serve you Breakfast and Make Sure You're Wearing Green. It will be our Pleasure.

*are you
wearing
green?*



MARCH 2024

**Brain Bender:
Leprechaun
Logic**

Four young leprechauns—Bridget, Erin, Declan and Seamus—are going to a St. Patrick’s Day party. Each is taking a treat—shamrock cookies, a rainbow cake, Irish stew and soda bread. Use the clues to find out the name and age of each leprechaun and the food they’re taking to the party.

- Bridget is the same age as the leprechaun who likes bread.
- The 8-year-old girl is not bringing a cake.
- Declan isn’t taking the stew.
- Erin loves rainbows. She is younger than Seamus.
- Seamus and his twin sister are 8 years old.
- The youngest leprechaun, who is 6, isn’t bringing cake or stew.
- Bridget isn’t taking bread, and Seamus isn’t taking cookies.

(Answers: Declan is 6 years old and taking cookies. Erin is 7 and taking a cake. Bridget is 8 and taking Irish stew. Seamus is 8 and taking soda bread.)

**“Life is a painting,
and you are the artist.**

**You have on your palette all
the colors in the spectrum.”**
—Paul J. Meyer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Employee Appreciation Day 1 9:00 Morning Exercise 10:00 Friday Devotions 11:00 Outdoor Time or Inside Stroll 1:00 500 2:00 Happy Hour (Employee Appreciation Edition) 3:00 Friday Sing Along with Matt and Joann 7:00 Relaxation Station	2 9:00 Morning Exercise 10:00 Hymn Sing 11:00 Outdoor Time or Inside Stroll 1:00 Board Games-- Residents' Choice 2:00 Afternoon Matinee 3:00 CornHole 7:00 Relaxation Station
3 9:00 Morning Exercise 10:00 Sunday Morning Worship with Matt 11:00 Outdoor Time or Inside Stroll 1:00 Board Games-- Residents' Choice 2:00 Afternoon Matinee 3:00 CornHole 7:00 Relaxation Station	4 9:00 Morning Exercise 10:00 Bible Study with Jerry 11:00 Outdoor Time or Inside Stroll 1:00 Bingo with Jane 2:00 Afternoon Matinee 3:00 Monday Afternoon Trivia 7:00 Relaxation Station	5 9:00 Coloring Corner with Matt 10:00 Anthony Leonard Interactive Musical Performance 11:00 Outdoor Time or Inside Stroll 1:00 Texas Hold 'Em 2:00 Resident Council 3:00 Afternoon Exercise 7:00 Relaxation Station	6 Monthly Birthday Party 9:00 White Board Games with Joann 10:00 Foresight Fitness Interactive Exercise Group 11:00 Outdoor Time or Inside Stroll 1:00 Scrabble with Jane 2:00 Monthly Birthday Party 3:00 Pet Therapy 7:00 Relaxation Station	7 9:00 Morning Exercise 10:00 Trip Out Thursday 11:00 Outdoor Time or Inside Stroll 1:00 Chess or Checkers with Arthur 2:00 Afternoon Matinee 3:00 Creativity and Crafts with Joann 7:00 Relaxation Station	8 9:00 Morning Exercise 10:00 Friday Devotions 11:00 Outdoor Time or Inside Stroll 1:00 500 2:00 Happy Hour 3:00 Friday Sing Along with Matt and Joann 7:00 Relaxation Station	9 9:00 Morning Exercise 10:00 Hymn Sing 11:00 Outdoor Time or Inside Stroll 1:00 Board Games-- Residents' Choice 2:00 Afternoon Matinee 3:00 Tossing a Frisbee 7:00 Relaxation Station
Daylight Saving Time Begins 10 9:00 Morning Exercise 10:00 Sunday Matinee 11:00 Outdoor Time or Inside Stroll 1:00 Board Games-- Residents' Choice 2:00 Sunday Afternoon Worship Service with Jerry Mills 3:00 Tossing a Frisbee 7:00 Relaxation Station	11 9:00 Morning Exercise 10:00 Jerry Mills Bible Study 11:00 Outdoor Time or Inside Stroll 1:00 Bingo with Jane 2:00 Afternoon Matinee 3:00 Monday Afternoon Trivia 7:00 Relaxation Station	12 9:00 Coloring Corner with Matt 10:00 Tuesday's Tasting 11:00 Outdoor Time or Inside Stroll 1:00 Texas Hold 'Em 2:00 Afternoon Matinee 3:00 Afternoon Exercise 7:00 Relaxation Station	13 Town Hall 9:00 Morning Exercise 10:00 Catholic Service 11:00 Outdoor Time or Inside Stroll 1:00 Scrabble with Jane 2:00 Afternoon Matinee 3:00 Pet Therapy 7:00 Relaxation Station	14 National Potato Chip Day 9:00 Chair Yoga with Affinity Care 10:00 Trip Out Thursday 11:00 Outdoor Time or Inside Stroll 1:00 Chess or Checkers with Arthur 2:00 Afternoon Matinee 3:00 Creativity and Crafts with Joann 7:00 Relaxation Station	15 9:00 St. Patrick's Day Trivia 10:00 Friday Devotions 11:00 Outdoor Time or Inside Stroll 1:00 500 2:00 Happy Hour 3:00 Concert with Mike Milstead 7:00 Relaxation Station	16 9:00 Morning Exercise 10:00 Hymn Sing 11:00 Outdoor Time or Inside Stroll 1:00 Board Games-- Residents' Choice 2:00 Afternoon Matinee 3:00 Shooting Targets 7:00 Relaxation Station
Saint Patrick's Day 17 9:00 Top of the Morning Exercise 10:00 Sunday Matinee 11:00 Outdoor Time or Inside Stroll 1:00 Board Games-- Residents' Choice 2:00 Sunday Afternoon Worship Service with Dale Taylor 3:00 Shooting Targets 7:00 Relaxation Station	18 9:00 Morning Exercise 10:00 Jerry Mills Bible Study 11:00 Outdoor Time or Inside Stroll 1:00 Bingo with Jane 2:00 Afternoon Matinee 3:00 Monday Afternoon Trivia 7:00 Relaxation Station	19 Spring Begins 9:00 Coloring Corner with Matt 10:00 Anthony Leonard Interactive Musical Performance 11:00 Outdoor Time or Inside Stroll 1:00 Texas Hold 'Em 2:00 Afternoon Matinee 3:00 Afternoon Exercise 7:00 Relaxation Station	20 9:00 White Board Games with Joann 10:00 Foresight Fitness Interactive Exercise Group 11:00 Outdoor Time or Inside Stroll 1:00 Scrabble with Jane 2:00 Afternoon Matinee 3:00 Pet Therapy 7:00 Relaxation Station	21 9:00 Morning Exercise 10:00 Trip Out Thursday 11:00 Outdoor Time or Inside Stroll 1:00 Chess or Checkers with Arthur 2:00 Afternoon Matinee 3:00 Creativity and Crafts with Joann 7:00 Relaxation Station	22 9:00 Morning Exercise 10:00 Friday Devotions 11:00 Outdoor Time or Inside Stroll 1:00 500 2:00 Happy Hour 3:00 Friday Sing Along with Matt and Joann 7:00 Live Lecture Series-- Tragedy to Triumph CEO Corey Banks	23 9:00 Morning Exercise 10:00 Hymn Sing 11:00 Outdoor Time or Inside Stroll 1:00 Board Games-- Residents' Choice 2:00 Afternoon Matinee 3:00 Batting Practice 7:00 Relaxation Station
24 10:00 Sunday Morning Worship with Matt 1:00 Board Games-- Residents' Choice 2:00 Afternoon Matinee (Baseball Edition) 3:00 Batting Practice 7:00 Relaxation Station	25 9:00 Morning Exercise 10:00 Jerry Mills Bible Study 11:00 Outdoor Time or Inside Stroll 1:00 Bingo with Jane 2:00 Afternoon Matinee 3:00 Monday Afternoon Trivia 7:00 Relaxation Station	26 9:00 Coloring Corner with Matt 10:00 Tuesday's Tasting 11:00 Outdoor Time or Inside Stroll 1:00 Texas Hold 'Em 2:00 Afternoon Matinee 3:00 Afternoon Exercise 7:00 Relaxation Station	27 9:00 Morning Exercise 10:00 Catholic Service 11:00 Outdoor Time or Inside Stroll 1:00 Scrabble with Jane 2:00 Afternoon Matinee 3:00 Pet Therapy 7:00 Relaxation Station	28 MLB Opening Day 9:00 Morning Exercise 10:00 Trip Out Thursday 11:00 Outdoor Time or Inside Stroll 1:00 Chess or Checkers with Arthur 2:00 Afternoon Matinee (Baseball Edition) 3:00 Celebrating MLB Opening Day 7:00 Relaxation Station	29 9:00 Morning Exercise 10:00 Friday Devotions 11:00 Outdoor Time or Inside Stroll 1:00 500 2:00 Happy Hour 3:00 Friday Sing Along with Matt and Joann 7:00 Relaxation Station	30 9:00 Morning Exercise 10:00 Hymn Sing 11:00 Outdoor Time or Inside Stroll 1:00 Board Games-- Residents' Choice 2:00 Afternoon Matinee 3:00 Easter Trivia 7:00 Relaxation Station
Easter 31 10:00 Sunday Matinee 12:00 Easter Dinner 1:00 Board Games-- Residents' Choice 2:00 Sunday Afternoon Worship Service with James Matthias 7:00 Relaxation Station						



March Birthdays

R. Wright:3/7

H. Rosado:3/28

St. Patrick's Day Celebration

Friday, March 15, 2024, we will be kicking off our St. Patrick's Day Celebration by Wearing Green. Then we will Enjoy a very special Chick-fil-A Breakfast. After Breakfast, we will Enjoy a St Patrick's Day version of Friday Devotions. We also will be Enjoying St. Patrick's Day Trivia. If that wasn't Enough Fun, we will have a Special St. Patrick's Day Happy Hour which will be accompanied by a Live Concert by Mike Milstead. Mike will sing his Favorite Irish Tunes for Everyone to Enjoy. Please Feel Free to come to One or All of our Special St. Patrick's Day Activities.



Take Me Out to the Ball Game

Take ME Out to the Ball Game,
Take ME Out with the Crowd;
Buy ME some Peanuts and
Cracker Jack,
I don't Care if I never get Back.
Let ME Root, Root, Root for the
HOME TEAM,
If They don't WIN, it's a Shame.
For it's ONE, TWO, Three
Strikes, You're OUT,
At the Old Ball Game.



MLB Opening Day

Thursday, March 28, 2024, we will be Celebrating MLB's Opening Day. We will have Baseball Jerseys to wear for Photos, Peanuts and Cracker Jack to Munch On, Baseball Games to Watch including your Home-Team Washington Nationals who Kick-Start their Baseball Season at 4:05 PM. So come help us Root, Root, Root them on to victory for if they don't win, it's a Shame.

